OUR IMPACT

Today, one in five families in New York City lives at or below the poverty level. As a result, they are at higher risk of chronic and infectious disease and poorer overall health compared with families with higher socioeconomic backgrounds. Public Health Solutions (PHS) executes a variety of health-oriented programs to help vulnerable families thrive and lead healthier lives.

NURSE-FAMILY PARTNERSHIP®

PHS’ Nurse-Family Partnership® (NFP) services empower first-time mothers to transform their lives and create better futures for themselves and their babies. At our NFP programs in Queens and Staten Island, trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy and continuing through the child’s second birthday.

Every dollar invested in NFP returns $5.70 back into the economy. A two and a half year investment in a woman and her child’s health has enormous positive outcomes.

82% INCREASE IN MATERNAL EMPLOYMENT
67% REDUCTION IN CHILDREN’S BEHAVIORAL AND INTELLECTUAL PROBLEMS
56% REDUCTION IN CHILD EMERGENCY ROOM VISITS FOR ACCIDENTS AND POISONING
48% REDUCTION IN ABUSE AND NEGLECT

NEIGHBORHOOD WIC

Our Neighborhood WIC program is the largest community-based WIC program in New York State, serving over 35,000 women, infants, and children, and distributing $43M in WIC checks to families a year. Every dollar spent on WIC participation returns $1.77 to $3.13 back to society. Four decades of research shows that WIC gives children a healthy start with long-term payoffs.

WIC FAMILIES HAVE:

- Higher birth weights & healthier infants
- Fewer infant deaths
- Lower intake of essential vitamins & minerals
- Reduced childhood obesity
- Fewer development problems

SNAP

The Supplemental Nutrition Assistance Program (SNAP) has been called the cornerstone of the nation’s nutrition safety net because it is one of the most important programs in place to prevent hunger and food insecurity.

PHS’ SNAP program puts food on the table for 20,000 individuals a year. In addition to being an economic and nutritional lifeline for New Yorkers, SNAP is considered by economists to be one of the most effective forms of economic stimulus. It’s estimated that in a weak economy, every dollar increase in SNAP benefits generates about $1.70 in economic activity.

CHILDREN WITH ACCESS TO SNAP FARE BETTER YEARS LATER

-6% Stunted Growth
-5% Heart Disease
-16% Obesity

Note: The study compared individuals who had access to SNAP (then food stamps) in early childhood after its introduction in the 1960s and early 1970s to similar children who did not (because they were born before its introduction) in each county.

FAMILY PLANNING CAPACITY BUILDING PROGRAM

New York has the second highest unintended pregnancy rate in the United States. Low-income women have unplanned pregnancy rates nearly seven times higher than that of higher-income women, and children of unintended pregnancies are more likely to suffer from poor health outcomes.

PHS works to ensure that underserved women are screened for pregnancy intention and have access to a full range of contraceptive methods. Our Family Planning Capacity Building pilot program demonstrated significant results.

HEALTH INSURANCE

Health insurance, often in the form of Medicaid, helps many vulnerable families. PHS is a leading provider in health insurance enrollment. We help over 12,000 families submit their applications and over 18,000 individuals successfully enroll in and renew their health insurance a year.

HIV/AIDS

PHS has a huge role in helping to prevent the spread of HIV and assuring that those living with HIV/AIDS are connected to high-quality care. In 2017, the NYC DOHMH announced that new HIV diagnoses rates have reached a historic low in New York City.

Sources include nursefamilypartnership.org, wicstrong.com, cbpp.org, nyc.gov